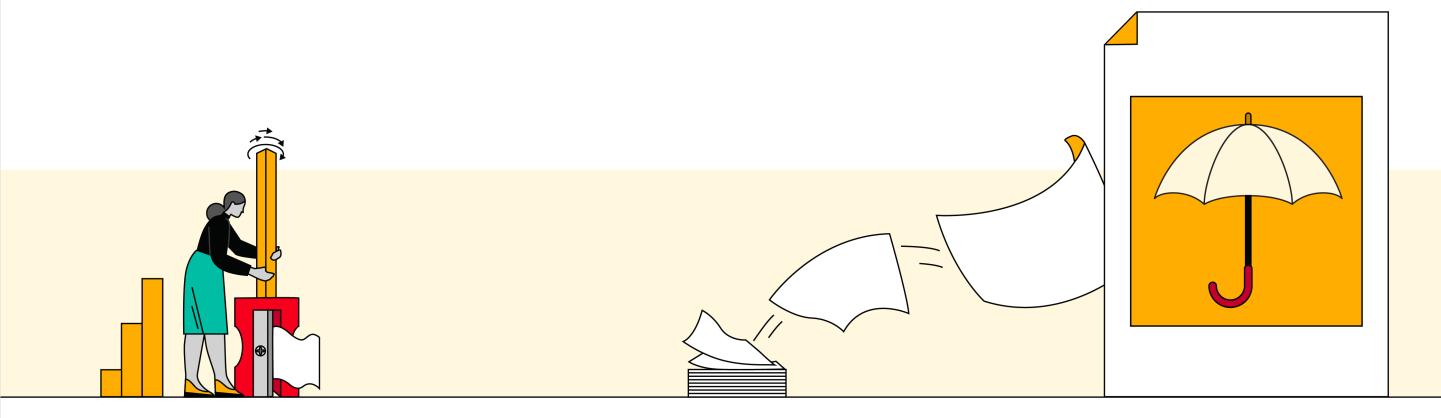
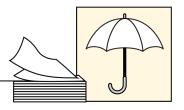


#### **Custom DC plan benchmarks**

# Insurance



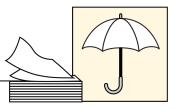
Strategic Retirement Consulting | June 2023 For institutional use only. Not for distribution to retail investors.



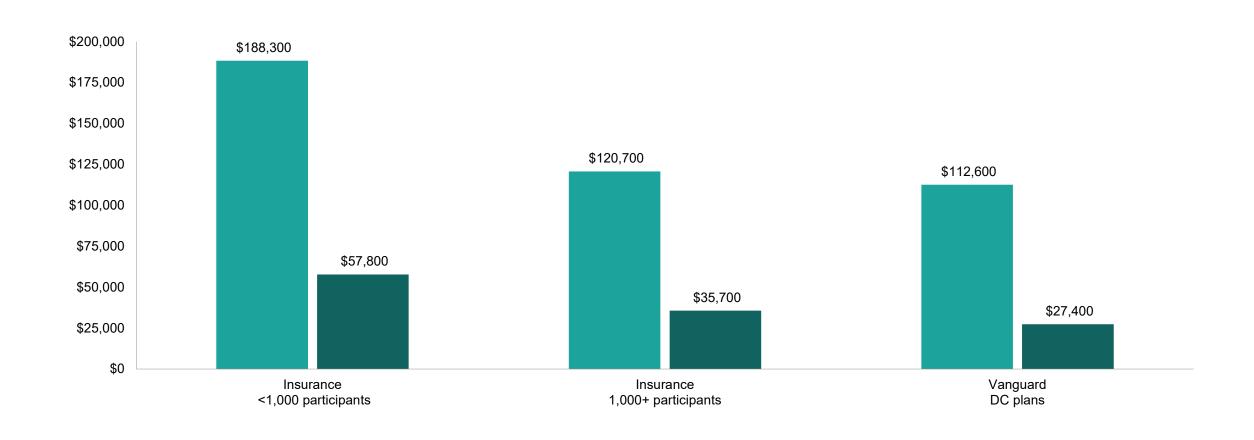
### **Benchmark population**

	Insurance <1,000 participants	Insurance 1,000+ participants	Vanguard DC plans
Number of plans	25	35	1,650
Number of participants	8,232	245,941	4.9 million
Average number of participants	329	7,027	2,950
Median number of participants	260	3,504	565
Amount of assets	\$1.6 billion	\$29.7 billion	\$550.2 billion
Average assets	\$62 million	\$847.8 million	\$333.9 million
Median assets	\$46.5 million	\$452.6 million	\$65.5 million

The insurance industry is defined by NAICS (North American Industry Classification System) subsector 524.



#### **Participant balances**

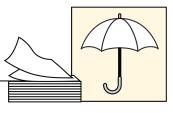


Source: Vanguard, as of December 31, 2022.

Average Median

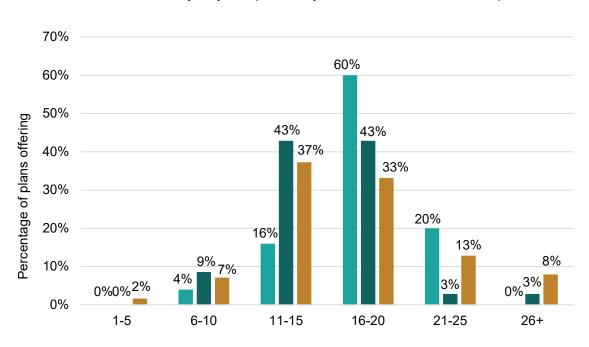
Bar chart may not align precisely with percentages due to rounding.

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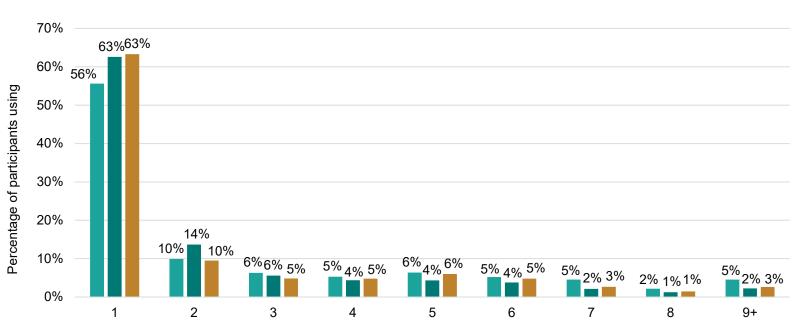


#### Number of fund options offered and used

#### Funds offered per plan (all life-cycle funds counted as one)



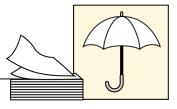
#### Funds used per participant



	Average funds offered	Median funds offered	Average funds used	Median funds used
Insurance <1,000 participants	17.4	17	2.8	1
Insurance 1,000+ participants	15.8	15	2.2	1
Vanguard DC plans	17.4	16	2.4	1

Source: Vanguard, as of December 31, 2022.

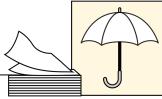
Bar chart may not align precisely with percentages due to rounding.



## Types of investment options offered and used\*

	Insuranc	ce <1,000 participants	Insuranc	ce 1,000+ participants		Vanguard DC plans
	Percentage of plans offering	Percentage of participants using*	Percentage of plans offering	Percentage of participants using*	Percentage of plans offering	Percentage of participants using*
Cash	100%	14%	97%	14%	99%	12%
Money market	64	8	54	8	70	6
Stable value / GIC	76	13	77	15	68	10
Bond	100%	22%	100%	16%	98%	17%
Active	84	12	91	9	80	7
Index	100	19	97	10	89	14
Inflation-protected securities	36	6	43	3	35	3
Multisector	8	7	3	2	8	2
High-yield	20	27	26	4	17	3
International	32	4	17	1	19	3
Emerging markets	4	6	0	0	1	2
Balanced funds	100%	82%	100%	85%	99%	87%
Traditional balanced	64	16	54	12	62	12
Target-risk	12	11	3	8	13	10
Target-date	100	77	100	83	96	83
Company stock	0%	0%	11%	40%	8%	36%
Self-directed brokerage	12%	2%	23%	1%	20%	1%

<sup>\*</sup>Among participants offered the option.

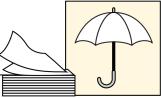


## Types of investment options offered and used\* (continued)

	Insuranc	ce <1,000 participants	Insuranc	ce 1,000+ participants		Vanguard DC plans
	Percentage of plans offering	Percentage of participants using*	Percentage of plans offering	Percentage of participants using*	Percentage of plans offering	Percentage of participants using*
Equity funds	100%	41%	100%	27%	99%	30%
Domestic equity funds	100%	40%	100%	26%	99%	29%
Large-cap index	100	32	97	20	98	23
Large-cap active	92	20	89	12	90	16
Large-cap value	88	11	86	9	87	9
Large-cap growth	96	19	91	11	91	13
Large-cap blend	100	31	97	19	98	23
Mid-cap index	80	16	89	12	83	14
Mid-cap active	36	11	40	7	52	7
Small-cap index	64	13	66	9	63	11
Small-cap active	76	9	63	10	63	7
Socially responsible	16	1	9	5	15	5
International equity funds	96%	22%	97%	15%	97%	19%
Index international	80	14	86	12	79	14
Active international	92	17	80	9	83	10
Emerging markets	28	6	23	6	35	8
Global equity funds	12%	3%	9%	8%	17%	3%

<sup>\*</sup>Among participants offered the option.

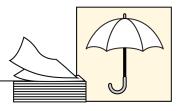




## Types of investment options offered and used\* (continued)

	Insuranc	Insurance <1,000 participants		ce 1,000+ participants	Vanguard DC plans	
	Percentage of plans offering	Percentage of participants using*	Percentage of plans offering	Percentage of participants using*	Percentage of plans offering	Percentage of participants using*
Sector funds	44%	8%	31%	8%	38%	6%
REIT	40	9	31	8	32	5
Health care	4	4	6	3	8	7
Energy	0	0	3	2	5	5
Precious metals	0	0	0	0	2	2
Technology	0	0	3	4	3	5
Utilities	0	0	3	2	1	2
Natural resources	0	0	0	0	1	4
Financials	0	0	3	1	<0.5	1
Communications	0	0	0	0	<0.5	1
Consumer	0	0	0	0	<0.5	2
Industrials	0	0	0	0	<0.5	1

<sup>\*</sup>Among participants offered the option. Source: Vanguard, as of December 31, 2022.



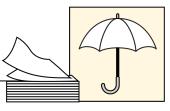
#### Target-date funds availability and use

	Insurance <1,000 participants	Insurance 1,000+ participants	Vanguard DC plans
Percentage of plans offering	100%	100%	96%
Plan assets invested*	37%	42%	40%
Percentage of plan assets*			
<10%	0%	3%	5%
10–19%	8%	9%	10%
20–29%	28%	3%	17%
30–39%	20%	31%	21%
40–49%	20%	34%	17%
50%+	24%	20%	30%
Percentage of participants using *	77%	83%	83%
Percentage of participant assets**	62%	66%	61%
Percentage of participant assets in target-date funds**			
1–24%	10%	7%	10%
25–49%	9%	7%	8%
50–74%	5%	6%	4%
75–99%	7%	10%	6%
100%	69%	71%	72%
Percentage of participants owning**			
One target-date fund only	66%	69%	71%
One target-date fund plus other funds	27%	25%	23%
Two or more target-date funds only	3%	2%	2%
Two or more target-date funds plus other funds	4%	4%	4%

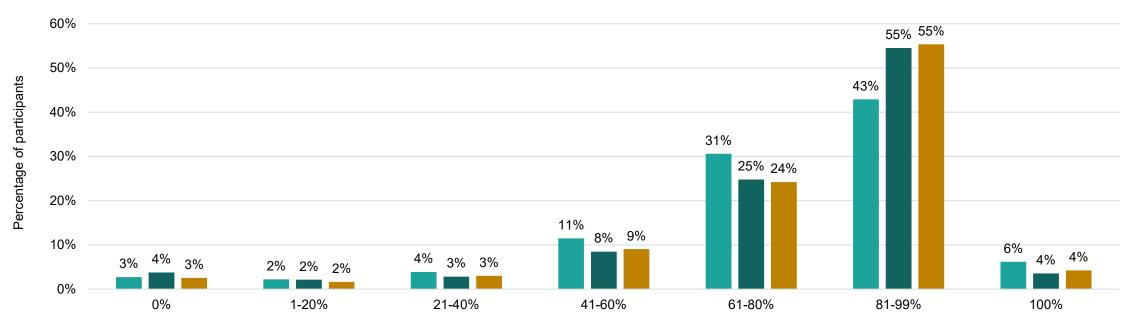
<sup>\*</sup>Among plans offering target-date options.

<sup>\*\*</sup>Among participants owning target-date options.

Source: Vanguard, as of December 31, 2022.



#### Participant equity exposure

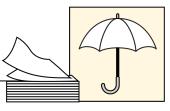


Percentage of assets in equities

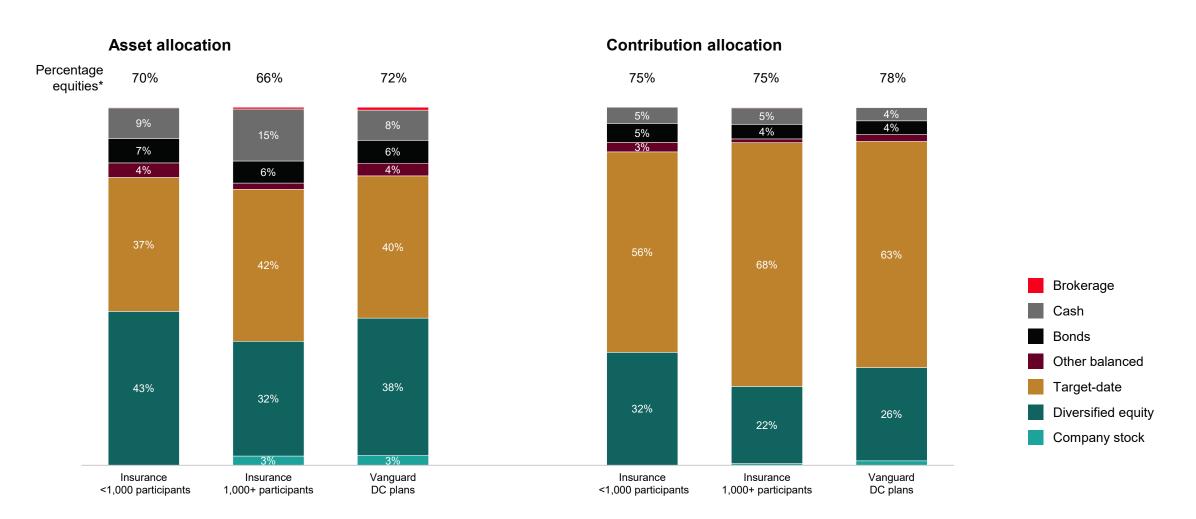
	Average percentage in equities	Median percentage in equities
Insurance <1,000 participants	74%	80%
Insurance 1,000+ participants	76%	86%
Vanguard DC plans	77%	86%

Source: Vanguard, as of December 31, 2022.

Bar chart may not align precisely with percentages due to rounding.



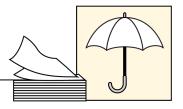
#### **Asset and contribution allocations**



<sup>\*</sup>Equities include company stock, diversified equity, and the equity portion of balanced funds.

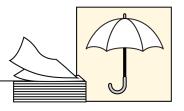
Source: Vanguard, as of December 31, 2022.

Bar chart may not align precisely with percentages due to rounding.



#### Participants with professionally managed allocations

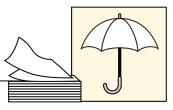
	Insurance <1,000 participants	Insurance 1,000+ participants	Vanguard DC plans
All participants			
Single target-date fund	51%	58%	59%
Single balanced fund	<0.5%	<0.5%	<0.5%
Managed account program	3%	4%	7%
Total	54%	62%	66%
New plan entrants during the year			
Single target-date fund	85%	93%	87%
Single balanced fund	<0.5%	<0.5%	<0.5%
Managed account program	1%	1%	2%
Total	86%	94%	89%



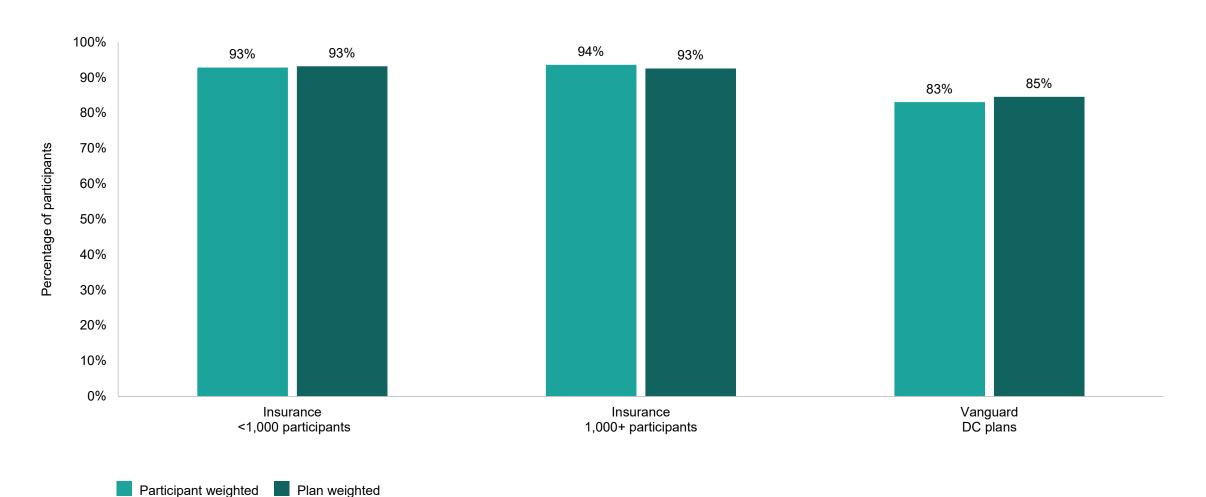
## **Automatic enrollment options\***

	Insurance <1,000 participants	Insurance 1,000+ participants	Vanguard DC plans
Automatic enrollment*			
Number of plans	17	31	884
Percentage of plans	71%	91%	58%
Default automatic enrollment rate			
1 percent	0%	0%	2%
2 percent	0%	0%	5%
3 percent	12%	29%	34%
4 percent	18%	19%	14%
5 percent	24%	10%	17%
6 percent or more	47%	42%	28%
Default automatic increase rate			
1 percent	59%	68%	66%
2 percent	0%	6%	3%
Voluntary election	29%	23%	25%
Service feature not offered	12%	3%	6%
Default automatic increase cap			
<6 percent	0%	0%	2%
6 to 9 percent	10%	30%	17%
10 to 14 percent	40%	26%	48%
15 to 19 percent	40%	39%	22%
20+ percent	10%	0%	6%
No cap	0%	4%	5%
Default fund			
Target-date fund	100%	100%	98%
Other balanced fund	0%	0%	1%
Money market or stable value fund	0%	0%	1%

 $<sup>\</sup>star Limited$  to plans using Vanguard's automatic enrollment service.

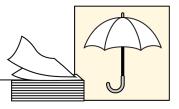


### **Participation rates**



Source: Vanguard active plans with nondiscrimination testing completed during the past two years. Bar chart may not align precisely with percentages due to rounding.

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#### Participant deferral rates

	Insurance <1,000 participants	Insurance 1,000+ participants	Vanguard DC plans
Deferral rates			
Average	8.6%	7.6%	7.4%
Median	7.6%	6.2%	6.4%
Distribution of rates			
<4.0%	13%	23%	25%
4.0% - 6.0%	19%	20%	19%
6.1% – 9.9%	39%	34%	32%
10.0% – 14.9%	20%	15%	17%
15.0%+	9%	8%	7%

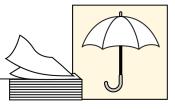
Source: Vanguard active plans with nondiscrimination testing completed during the past two years.



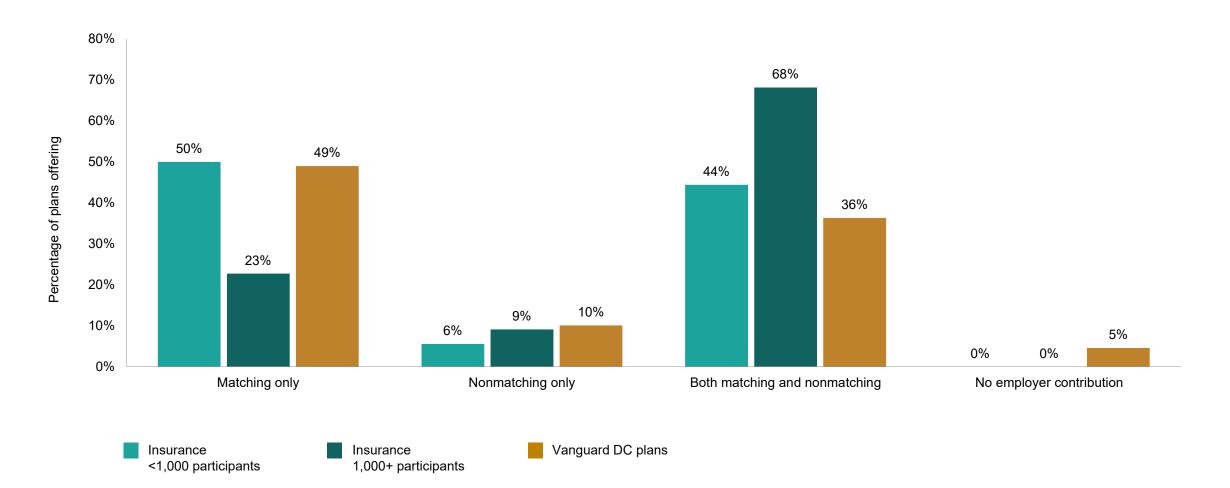
#### Aggregate participant and employer contribution rates

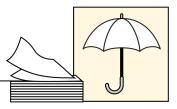
	Insurance <1,000 participants	Insurance 1,000+ participants	Vanguard DC plans
Total savings rate			
Average	14.5%	12.2%	11.3%
Median	14.0%	12.0%	10.6%
Distribution of rates			
<5.0%	5%	11%	18%
5.0% - 8.9%	10%	22%	20%
9.0% – 11.9%	20%	16%	21%
12.0% – 14.9%	24%	20%	17%
15.0% +	41%	31%	23%

Source: Vanguard active plans with nondiscrimination testing completed during the past two years.

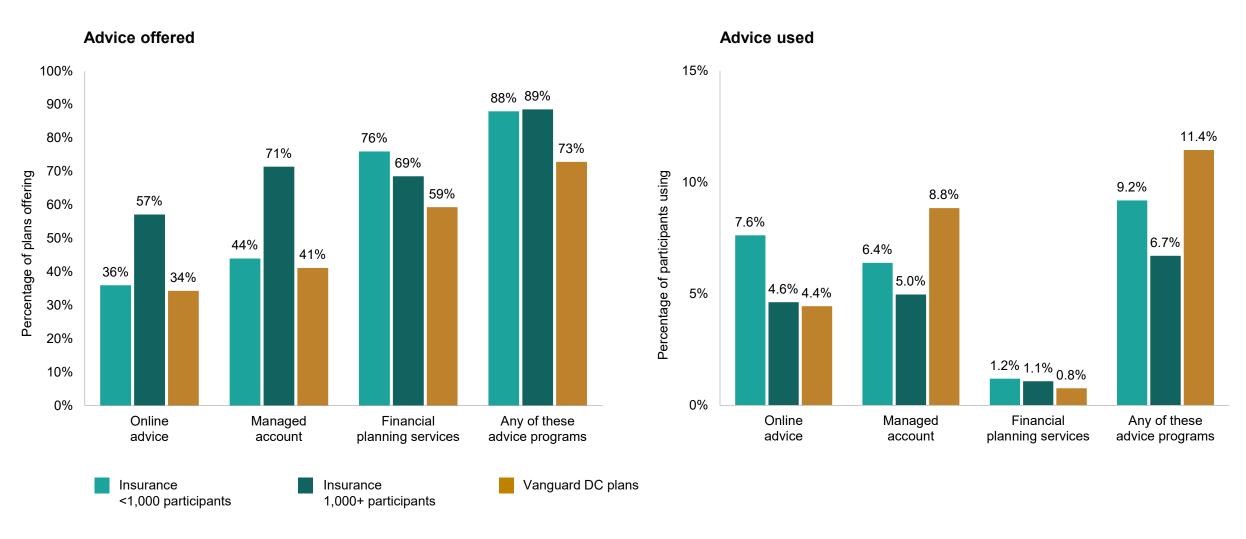


#### Types of employer contributions





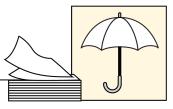
#### **Advice services**



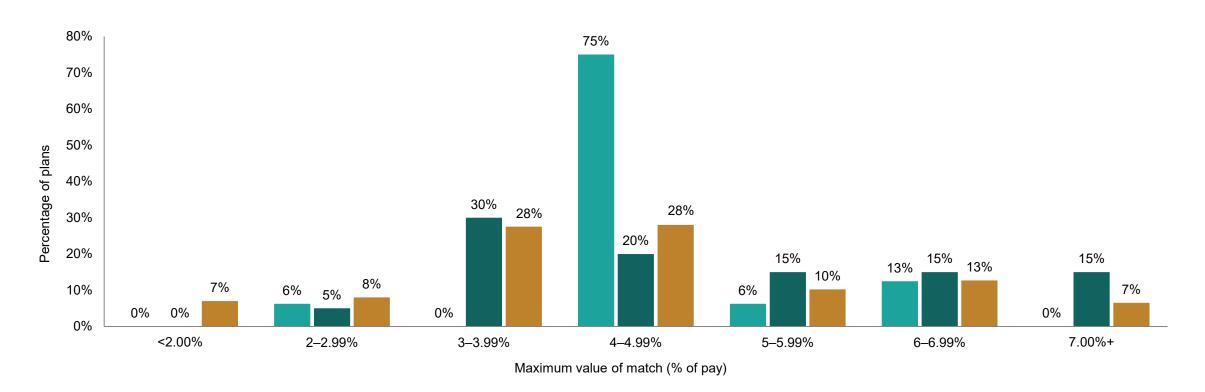
Source: Vanguard, as of December 31, 2022.

Bar chart may not align precisely with percentages due to rounding.

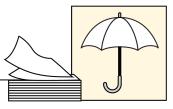
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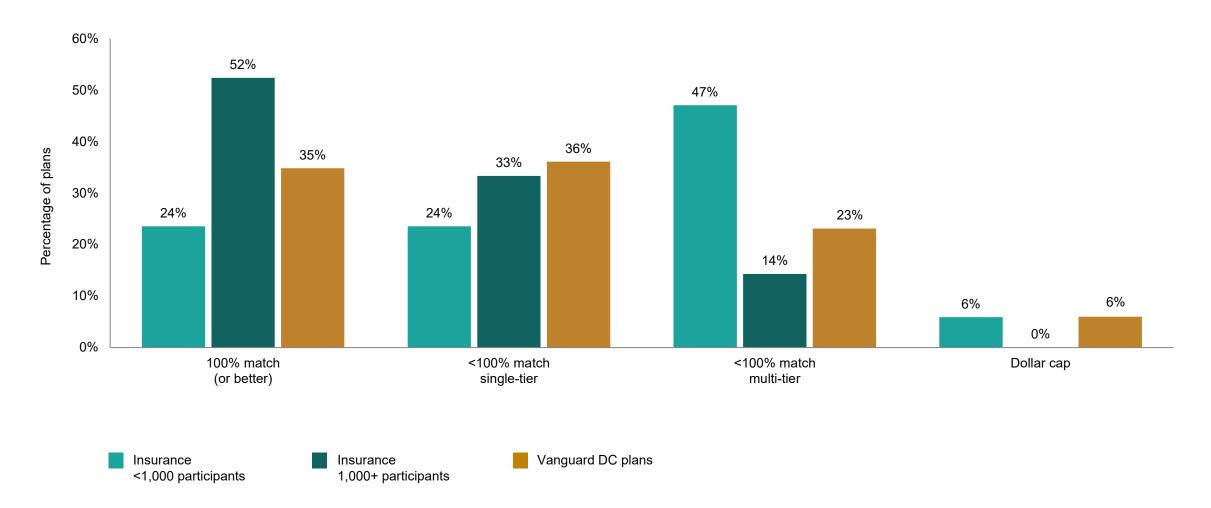
#### **Matching contributions**

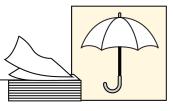


	Average value	Median value
Insurance <1,000 participants	4.3%	4.0%
Insurance 1,000+ participants	4.6%	4.3%
Vanguard DC plans	4.5%	4.0%

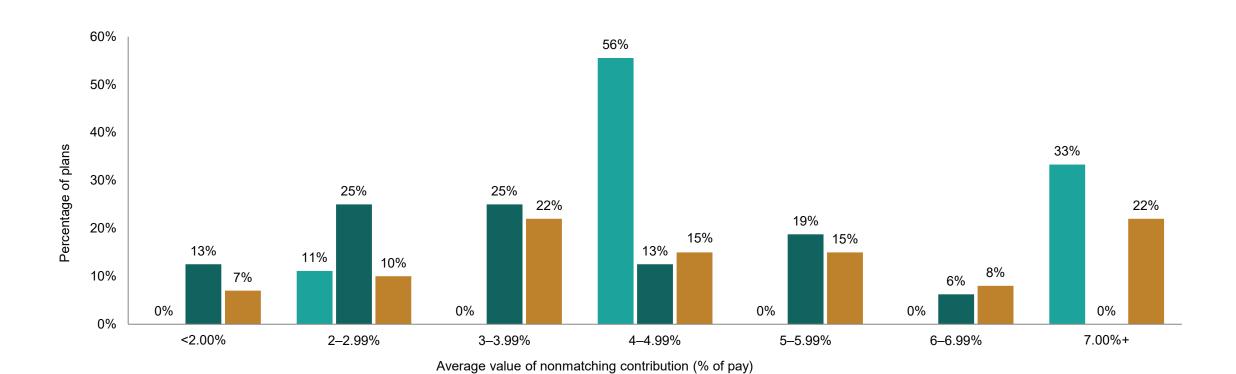


#### **Matching formulas**

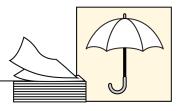




#### Nonmatching/Profit-sharing employer contributions



	Average value	Median value
Insurance <1,000 participants	6.0%	4.8%
Insurance 1,000+ participants	3.7%	3.8%
Vanguard DC plans	5.1%	4.1%



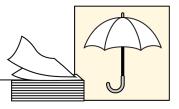
#### Roth availability and use

	Insurance <1,000 participants	Insurance 1,000+ participants	Vanguard DC plans
Percentage of plans offering Roth (among plans with elective deferrals)	83%	94%	80%
Percentage of plan assets invested in Roth*	2.8%	3.8%	3.8%
Distribution of percentage of plan assets in Roth			
<1%	30%	13%	19%
1–2%	40%	44%	36%
3–5%	10%	28%	27%
6–9%	20%	9%	13%
10–14%	0%	3%	4%
15%+	0%	3%	2%
Percentage of participants with assets in Roth*	19%	18%	16%
Percentage of participant assets in Roth**	15%	17%	17%
Distribution of participant assets in Roth			
1–24%	51%	56%	54%
25–49%	27%	23%	23%
50–74%	18%	18%	14%
75–99%	4%	3%	6%
100%	1%	1%	3%
Percentage of participants making Roth contributions (past 12 mo)***	21%	17%	15%
Percentage of participant contributions going to Roth**	61%	57%	55%
Distribution of percentage of participant contributions to Roth			
1–24%	16%	21%	22%
25–49%	19%	22%	26%
50–74%	16%	12%	15%
75–99%	8%	6%	7%
100%	42%	39%	30%

<sup>\*</sup>Among plans offering Roth.

<sup>\*\*</sup>Among participants using Roth.

<sup>\*\*\*</sup>Among participants making elective deferrals.



#### Participant loans and in-service withdrawals

	Insurance <1,000 participants	Insurance 1,000+ participants	Vanguard DC plans
Outstanding loans*			
Percentage of participants with outstanding loans	10%	17%	12%
Percentage of account balance in loans	7%	11%	11%
Average loan balance	\$13,868	\$11,057	\$10,369
Number of outstanding loans per participant*			
No loans	90%	83%	88%
One loan	8%	10%	10%
Two loans	3%	7%	2%
Three+ loans	0%	0%	0%
Loans issued past 12 months*			
Average per 1,000 active participants	76	140	93
Average loan amount	\$14,535	\$10,206	\$10,701
Nonhardship withdrawals taken past 12 months**			
Average per 1,000 active participants	70	73	93
Average withdrawal amount	\$40,598	\$18,576	\$17,560
Hardship withdrawals taken past 12 months**			
Average per 1,000 active participants	16	51	49
Average withdrawal amount	\$9,077	\$5,146	\$5,126

<sup>\*</sup>Among plans allowing loans.

<sup>\*\*</sup>Among participants allowed in-service withdrawals.

#### Important information

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